



# *Diné College: Public Health, Fall 2018*

*Where Your Future Begins . . .*

## **PUH 111 Introduction to Public Health (3) Mon.—Wed. 12:00 – 1:20 pm; K. Hartzell, MPH**

This course introduces students to all aspects of the fields of Public Health, focusing on health promotion and disease prevention goals designed to establish and maintain healthy communities. The 3 core functions and 10 essential services of public health, as well as reading and lecture materials, are organized and presented within the context of Diné educational Philosophy. This course is intended to help students become knowledgeable and culturally competent public health professionals in the Navajo Nation.

## **PUH 170 Medical Terminology (3) Mon. Wed. 1:30 –2:50p.m.**

**Reading proficiency requirement or concurrent enrollment in ENG 101; K. Hartzell, MPH**

Basic tools are provided such as root words, prefixes and suffixes for building an effective verbal & written biomedical vocabulary.

## **PUH 270 Community Health Assessment and Planning (3) Friday 1:00—3:40 pm**

**Prerequisites: Completion of ENG 100B and PUH 111; M.Bauer, PhD**

This is the first of two courses in which students examine assessment, planning, implementation, and evaluation in public health practice. The course focuses on assessment and planning carried out in epidemiology, environmental public health, health education and promotion, and health services administration. It explores Navajo ways of knowing, defining, and thinking about health problems (Nitsáhákees) and the process of planning (Nahat'á) health intervention programs.

## **PUH 275 Health Services and Policies (3) Mon. Wed. 4:30 –5:50p.m.**

**Prerequisites: Completion of PUH 111, ENG 101 or concurrent enrollment; C. Kahn, PhD**

In this course, students are introduced to health services administration and the role of policy development in public health. The course covers national, state, local, and Navajo Nation health services, focusing on how they are organized and administered. U.S. public health services are compared with those on the Navajo Nation and other tribal communities. The course is taught in accordance with the Diné educational philosophy (primarily in the realm of Íiná).

## **PUH 391 Seminar in Public Health (3) Tuesday 6:00—8:40 pm**

**Prerequisites: PUH 111; C. Kahn, PhD**

This seminar course offers students the opportunity to explore current public health topics with an in-depth focus on issues affecting the Navajo Nation. It provides students the opportunity to interact with faculty and guest lecturers on topics currently making headlines and to explore how research from the past informs present day public health research and our understanding of what makes effective public health practice and policy. Topics covered will vary but may include such topics as current public health research on the Navajo Nation, public health issues for American Indian and Alaskan Natives, specific topics in environmental health on the Navajo Nation, American Indian/Alaskan Native healthcare delivery, and healthcare disparities and resilience.

## **PUH 395 Introduction to Epidemiology (3) Tues. Thurs. 4:30—5:50pm**

**Prerequisites: MTH 110 or MTH 118 and PUH 111; M.Bauer, PhD**

Basic introduction to epidemiology is provided in this mathematics-based course. Students are guided in identifying relevant and appropriate public health data and information sources. A special focus is on relationships of risk factors and disease outcomes, with attention to the health priorities of the Navajo Nation. The course also introduces students to epidemiological research designs and measures, and ways in which they influence public health decision-making.

## **HEE 111 Personal and Community Health (3) Mon. Wed. Fri. 8:00 —8:50; K. Hartzell, MPH**

Explores how to achieve, maintain, and promote wellness. Also covers prevention and control of diseases, nutrition, consumer health, and ecology.

### **Register now for Fall 2018:**

Registration is ongoing for Continuing Students— Classes begin August 20, 2018

August 18th deadline for Registration

- PUH 111 and PUH 270 are both required for the Public Health Certificate & Degree
- Other PUH courses are required for the Associate or Bachelor of Science Degree in Public Health

**For information call:**

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